

# MEDI 360 (F01) 2006

## Selected Topics in Medieval Culture: “Old Norse Gods and Heroes”

David Strong Building -  
C108  
T. W. F: 1:30 - 2:20

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### Required Texts

1. Edda
2. The Poetic Edda
3. Nordic Religions.in the Viking Age
4. Eyrbyggja Saga
5. The Saga of the Volsungs

### Coursepack

### Reserve Texts



## Course Description

This course will provide an overview of the myths, religious beliefs, and heroic traditions of the Vikings up to and including their conversion to Christianity. Primary sources will be studied (in English translation) to provide an understanding of how this knowledge has been preserved and the inherent biases of such material. We will read introductory excerpts from non-Germanic sources including Tacitus and Ibn Fadlan. The major focus of the course, however, will be on medieval Scandinavian sources such as Saxo Grammaticus, Snorri Sturluson, the Icelandic Poetic Edda, and several Icelandic sagas. Examples drawn from archeological artifacts, art works, and movies will also be discussed.

## Course Objectives

1. To discuss the original sources that preserve knowledge of Norse mythology.
2. To consider concepts and theories relevant to mythological sources.
3. To discuss the Norse world view and religious practices.
4. To examine tensions inherent in the conversion to Christianity.
5. To explore how this mythology has been used in the past and the present.

## Course Outline for Fall 2006

Texts: **NR** = Nordic Religions; **SE** = Snorri's Edda; **PE** = Poetic Edda;  
**SV** = Saga of the Volsungs; **ES** = Eyrbyggja Saga; **CP** = Coursepack; **CWeb** = Course webpage

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### Week 1: Sept. 6 – 8, 2006

**WEDNESDAY:** Introduction to the course.

**FRIDAY:** Overview

**CP:** “Pagan Myth and Religion” ..... p. 3 - to the end of the first paragraph top of p.10  
**NR:** Ch. 1 - “The Cultures and History of the Viking-Age North” ..... p. 10 - 28  
(you can skim over the sections on “Sámi and Baltic Finns” and “Scandinavian, Sámi, and Balto-Finnic Interrelations”)

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### Week 2: Sept. 12 – 15, 2006

**TUESDAY:** Tacitus - *Germania*

**CP:** Tacitus (Part 1): ..... p. 21 - 28  
(focus on sections: Inhabitants; Government; Deities; Auguries; Punishments; and Funeral Rites; Their Children; Sports. Passion for Gambling)  
**CP:** Tacitus (Part 2) ..... p.29 - 36  
(focus on sections numbered: 31, 39, 40, 43, 45)

**WEDNESDAY:** Ibn Fadlan and Adam of Bremen

**CP:** “Ibn Fadlan’s Account” ..... p. 37 - 41  
**HANDOUTS:** 1) The Risala and Haddingus 2)Adam of Bremen

**FRIDAY:** Saxo Grammaticus and Snorri Sturluson  
**NR:** Ch. 2 - "Religions in the Viking Age: Contexts and Concepts for Analysis"..... p. 30 - 44

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## Week 3: Sept. 19 –22, 2006

**TUESDAY:** *Heimskringla*  
**CP:** "The Saga of the Ynglings" ("Snorri's Foreword" and the saga).....p. 42 - 67

**WEDNESDAY:** Kings and Gold  
**PE:** "Grottasongr" ("The Song of Grotti") .....p. 260-263  
**SE:** The story of Frodi's magic mill, Grotti .....bottom of p. 106 - 107  
Two stories about Hrolf Kraki.....p. 110 - 112  
The story of King Holgi who was buried in a mound of gold and silver .....p. 112 - 113  
**HANDOUT:** Saxo - Vol. I - Bk. II - p. 47 - 50

**FRIDAY:QUIZ # 1**

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## Week 4: Sept. 26 – 29, 2006

**TUESDAY:** Intro to the Eddas (Poetic and Prose), kennings and heiti  
**CP:** "Pagan Myth and Religion".....2nd paragraph p. 10 - 20  
**SE:** "Introduction"..... p. vii-xix  
"Prologue"..... p. 1-5; and from the bottom of p. 64 - top of p. 66

**WEDNESDAY:** Creation, Yggdrasil, Giants, Gods & Goddesses  
**HANDOUT:** 1) Yggdrasil 2) Odin's Genealogy  
**SE:** creation plus lists of gods and goddesses .....p. 7 - 31  
**NR:** Ch. 3 - "Gods, Guides, and Guardians: Spiritual Aids" .....p. 47 - 68

**FRIDAY:** Odin  
**PE:** "Völuspá" ("The Seeress's Prophecy").....p. 3 - 13  
"Hávamál" ("Sayings of the High One").....p. 14 - 38  
**SE:** Odin's hall and the food served there etc. .....p. 32 - 34  
Building of the gods' stronghold .....p. 35 - 36

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## Week 5: Oct. 3 – 6, 2006

**TUESDAY:** Odin and seiðr, Freyja, Od  
**PE:** "Vafþrúðnismál" ("Vafþrudnir's Sayings").....p. 39 - 49  
**SE:** The story of how poetry originated .....(bottom of p. 61 - top of p. 64)  
**NR:** Ch 6 - "The Intercultural Dimensions of the Seiðr Ritual" .....p. 122 - 138

**WEDNESDAY:** Odin, Valkeries, Freyja  
**SE:** The story of the eternal battle of the Hiadnings.....p. 122 - top of 124  
**CWeb:** "The Tale of Sörli" ("Sörla þátr" - Hjadningavíg) .....(this equals 7 pages)  
**CP:** Saxo - "Book Eight" and notes .....p. 68 - 71  
**PE:** "Volundarkviða" ("The Lay of Volund") .....p. 102 - 108

**FRIDAY:** Thor  
**PE:** "Hymiskviða" ("Hymir's Poem").....p. 78 - 83  
"Prymskviða" ("Thrym's Poem").....p. 97 - 101  
**SE:** The story of Thor's expedition to the court of Utgarda-Loki .....p. 37 - 46  
The story of Thor's fishing for the Midgard serpent .....p. 46 - 47

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## Week 6: Oct. 10 – 13, 2006

**TUESDAY:** Thor  
**PE:** "Harbarðsljóð" ("Harbard's Song") .....p. 69 - 78  
"Alvíssmál" ("All-Wise's Sayings")..... p. 109 - 113  
**SE:** The story of Thor's encounter with the giant Hrungnir .....p. 77 - mid 81  
The story of Thor's visit to Geirrod's courts .....mid p. 81 - top of 86  
**CWeb:** "Haustlong" ("Autumn Long" - Thor's dual with Hrungnir scene) .....(equals 1 ¼ pages)

**WEDNESDAY:** Loki  
**SE:** Loki's mini-bio.....p. 26  
The story of Loki's 3 offspring with the giantess Angrboda .....p. 27 - 29  
The story of Thiassi's abduction of Idunn .....p. 59 - 60

The origin of Sif's golden hair and 5 other treasures .....p. 96 - 97  
**CWeb:** "Sörla þátr" ("The Tale of Sorli") - Loki steals Freyja's necklace.....(see Wk. 4 - Wed.)  
"Haustlong" ("Autumn Long" - Idunn scene) .....(equals ½ page)

**FRIDAY:** Loki's Flying; the Death of Baldr; the Binding of Loki  
**PE:** "Lokasenna" ("Loki's Quarrel")..... p. 84 - 96  
"Baldrs draumar" ("Baldr's Dreams")..... p. 243 - 245  
**SE:** Death of Baldr and Binding of Loki.....p. 48 - 52  
Aegir's Feast and references to "Lokasenna" ..... first ½ of 2nd paragraph p. 95  
**CP:** : Saxo - "Book Three".....p.72 - 79

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## Week 7: Oct. 17 – 20, 2006

**TUESDAY:** Freyr; Heimdal; Ragnarok  
**PE:** "Skírnismál" ("Skirnir's Journey") .....p. 61 - 68  
**SE:** The story of Freyr's wooing of Gerd .....p. 31 – middle of 32  
The twilight of the gods (Ragnarok) .....bottom of p. 52 – middle of 57

**WEDNESDAY:** Guest Speaker  
Anatoly Liberman - "Baldr and the Mistletoe"  
This lecture will be in Clearihue C112 and it will also open to the general public.

**FRIDAY:** Loki's Pre-trial Discussion

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## Week 8: Oct. 24 – 27 , 2006

**TUESDAY:** Loki's Trial  
- Position Paper assignment must be handed in for admission to class discussion.

**WEDNESDAY:** Interactions Between Gods, and Humans  
**PE:** "Grímnismál" ("Grimnir's Sayings") .....p. 50 - 60  
"Rigsþula" ("The List of Rig") .....p. 246 - 252  
"Hyndluloð" ("The Song of Hyndla").....p. 253 - 257

**FRIDAY: QUIZ # 2**

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## Week 9: Oct. 31 - Nov. 3, 2006

**TUESDAY:** The Volsungs - Selection of Poems  
**PE:** "Helgakviða Hundingsbani II" ("A Second Poem of Helgi Hundingsbani).....p. 132 - 141  
"Sigdrífumál" ("The Lay of Sigdrifa") .....p. 166 - 173  
"Helreið Brynhildar" ("Brynhild's Ride to Hell") .....p. 192 - 194  
"Atlakviða" ("The Lay of Atli")..... p. 210 - 216

**WEDNESDAY:** The Volsungs (part 1)  
**SE:** The history of the gold of the Niflungs. .... middle of p. 99 - 106  
**VS:** *The Saga of the Volsungs*: Ch. 1 - 23:.....p. 35 - 73

**FRIDAY:** The Volsungs (part 2)  
**VS:** *The Saga of the Volsungs* - Ch. 24 - 44:..... p. 73 - 109

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## Week 10: Nov. 7 – 10, 2006

**TUESDAY:** Saxo: Starkad  
**CP:** "Book Six from the History of the Danes".....from 2nd paragraph on p. 84 - 96  
"Book Eight from the History of the Danes" .....p. 97 - 101

**WEDNESDAY:** *Gautrek's Saga*: Starkad  
**CP:** *Gautrek's Saga*.....p. 102 - 117

**FRIDAY: QUIZ # 3**

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## Week 11: Nov. 17, 2006

**FRIDAY:** *Eyrbyggja Saga*  
**ES:** Chapter: 1 - 38..... p. 25 - 102

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## Week 12: Nov. 21 – 24, 2006

**TUESDAY:** *Eyrbyggja Saga*  
**ES:** Chapter: 39 - 55..... p. 103 - 166

**WEDNESDAY:** Interactions with Ghosts and Healers  
**NR:** Ch 4 - “Visitors from Beyond”.....p. 70 - 91  
Ch 5 - “Concepts of Health and Healing”..... focus on: p. 104 - 116

**FRIDAY:** The Conversion to Christianity (**ESSAY DUE**)  
**NR:** Ch 7 - “The Coming of the Cross”..... focus on: p. 152 - 163  
**CP:** Ch 154 - 157 from *Njal's Saga* .....p. 124 - 130

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## Week 13: Nov. 28 - Dec. 1, 2006

**TUESDAY:** The Conversion to Christianity  
**NR:** Ch 8 – “Achieving Faith” ..... focus on: p. 191 - 204

**WEDNESDAY:** The Conversion to Christianity  
**CP:** Ch 100 - 105 from *Njal's Saga*.....p. 118 - 123

**FRIDAY:** **CP:** “The Tale of Thorstein Shiver” ..... p. 131 - 133